

# Matters of the Heart

Orthodox reflections on faith and life



## 30 Commit to the Lord

The Lord appears to His disciples in all His glory as a proclamation of His triumph over death. The Risen Lord does not merely appear to His devotees to comfort them and rid them of their fears, rather He proceeds to grant them strength and restore all hope lost. Through this encounter, the Lord transforms His fearful followers into audacious evangelists; commissioned to declare the Truth of the Gospel to a hateful world. This is the transformative power of the Living Messiah. Imagine what God can do with you?

Struggling with a recurring sin? Only Christ who is without blemish can consummate in you a new man. Suffering from a physical ailment or ill-health? The Mighty Lord can manifest His strength in your weakness. Harassed by ongoing mental struggles? Be comforted and find refuge beneath His protective wings. Trust the Lord wholeheartedly and He will transform every aspect of your life.

+ “Commit your way to the  
+ LORD, Trust also in Him,  
+ And He shall bring it to  
+ pass.”

+ Psalm (36) 37:5

+ See Also:

+ John 20:19-31

+ *My Lord, teach me to  
+ trust You with my  
+ life, and renew me  
+ with Your  
+ transformative power.*