

Matters of the Heart

Orthodox reflections on faith and life



20 The Power of Prayer

It is a beautiful gift of the Lord to be able to commune with Him as readily and with as minimal effort as is available to us through prayer. For with mere words we are granted access to the heart of our Almighty God. With a simple thought directed to the Lord we are endowed with the power to open the heavens and see our Creator. And with an inclination to the divine we have access to God's unending grace, His abundant blessings and His healing presence. Such is the power of prayer.

This is why we must endeavour to lift up our hands and engross ourselves as best we can in the dialogue with God. For the more you draw on this treasure, the more wealth there is to be found, for truly it is an inexhaustible gift.

✦ “If you abide in Me, and
✦ My words abide in you,
✦ you will ask what you
✦ desire, and it shall be
✦ done for you.”
✦ John 15:7

✦ See Also:
✦ 1 John 5:14-15

✦ *My Lord, show me
✦ the power of prayer
✦ in order that I may
✦ draw strength from
✦ it.*