

Matters of the Heart

Orthodox reflections on faith and life



16 Fearfully And Wonderfully Made

The universe and all that is therein portray to us not only a Creator, but a Supreme Artist, whose handiwork is nothing short of a majestic masterpiece. This almighty One who intricately balances the stars in the heavens is the One and the Same who fashioned and formed you. As the psalmist poetically describes, you are fearfully and wonderfully made. God conjured you into existence and breathed life into you as a showcase, not of His glory, but rather of His love. God knit you together and wove within your fabric that of His very own image and likeness. You are thereby not merely a rational being, but more so, you are the glory of God's creation. See to it that you honour yourself as such. Let your actions, your thoughts and the senses glorify God who dwells within you.

Honour Him in body and in spirit.

+ "I will praise You, for I am
+ fearfully and wonderfully
+ made; Marvelous are
+ Your works, And that my
+ soul knows very well."
+ Psalm 138 (139):14

+ See also:
+ Psalm 138 (139):13-18

+ *Lord, work within me,
+ your masterpiece, so
+ that others may see
+ your unconditional love,
+ infinite beauty and
+ everlasting glory.*