

# Matters of the Heart

Orthodox reflections on faith and life



## 06 The Language of Love

Love cannot be conveyed with mere words, nor can it be expressed by a display of emotions. God is Love, and love is the language by which He speaks. Our Lord's earthly ministry, His humble birth, life, through to His death and resurrection convey a powerful message,

*God is Love, and Love is sacrifice.*

For love in action is sacrifice! Christ loved much and as a result suffered much. Love therefore entails much pain and sorrow! When we truly love it hurts, since it requires putting to death that which means so much to each of us...our ego. Love must give of itself since it is sacrificial. For as the Apostle Paul proclaims, love suffers long, bears all things, and endures all things. In love we fulfil the greatest commandment. And in love we become the children of God.

"...walk in love, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God..."

Ephesians 5:2

Also read:

1 Corinthians 13:4-8

*O God allow me to be faithful in my love for You and for all those whom You send my way.*